

























# WEEK 1

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Pork Served with Roast Potatoes and Gravy	Beef Lasagne With Garlic and Herb Bread	Fish Fingers Served with Chips
	BBQ Quorn Fillet   Served with Wholegrain Rice	Vegetarian Burger  Served with Potato Wedges	Vegetarian Cottage Pie   Served with Gravy	Vegetable Spanish Rice  	Quorn Dippers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Forest Fruits Jelly	Crispy Crackle Bar with Fruit 	Banana Cake 	Original Flapjack	Vanilla Ice Cream



## PACKED LUNCH AVAILABLE

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
































 Fruity!  Nutritionist's Choice



# WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Beef Bolognese    Served with Wholewheat Pasta	Roast Chicken  Served with Roast Potatoes and Gravy	Butter Chicken Curry   Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Vegetarian Bolognese    Served with Wholewheat Pasta	Veggie Burrito   	Quorn Roast  Served with Roast Potatoes and Gravy	Macaroni Cheese 	Veggie Fingers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Chocolate Cookie	Banana and Carrot Cake 	Orange Jelly	Chocolate Shortbread with Fruit 	Orange Drizzle



## PACKED LUNCH AVAILABLE

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain


























 Fruity!  Nutritionist's Choice



# WEEK 3

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Chicken  Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake  	Fish Fingers Served with Chips
	Chinese Vegetable Noodles  	Vegetarian Sausage  Served with Mashed Potato and Gravy	Cheese and Onion Slice	Meatless Balls in Tomato Sauce  Served with Rainbow Rice	Quorn Dippers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie  	Strawberry Jelly	Banana Cake 	Lemon Sicilian Cookie	Chocolate Ice Cream



## PACKED LUNCH AVAILABLE

Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice